

Program for ESG-day 6th November 2010



The program of this years ESG day is prepared by a scout group from Finland. We hope you can pick up best pieces of our ideas for your scouts or jungschars.

ESG stands for European Scout and Jungschar Group that is a program group of YE. Futhermore, YE stands for YMCA Europe. When these four letter do not say a word for you, may Google help you.

Game: Spiderball (duration 5-15 minutes)

You need for this game a ball, marks for the goals and more than 6 participants.

This is like football but you may move only like a spider: hands, feet and bottom may touch the floor. The ball you may touch only with your feet. Make as many goals you can! This game is also called floor cleaning ball.

Game: Life strings (duration 10-30 minutes)

This game is a camp favorite but there is no reason why you couldn't play it in a park. You need more than 10 participants and crepe paper band. The idea of the game in a nutshell is that you are a ghost when you have no band around your arm – otherwise you may rip others arm bands and run.

The players are devided in two or three teams and they have own band colors. The playing area hast to be limited – a park or forest are good places.

Version for kids under 12 years: The teams try to rip of as many bands from the competitive teams as they can before the game ends. At the end of the game the bands are counted. When a team member looses the band he gets a new one from the mid point where the game leader(s) stand(s).

Version for older kids: This version is in principle similar to the first one but there are treasures to steal. The trasures may be tents, sweeties or what ever – they may even be worth of different points. The trasures are hidden around the game field and the teams have to transport them into their own nest. It is allowed to steal trasures from competitor teams – even from their nest. Only the participants with arm band may transport the treasures. The game ends when one team has all trasures in their nest or the game leader whistles.

Game: My nest (duration 10 minutes)

For this game you need just a leader and participants. Participants can stand on a circle and they have to follow the leader's orders. Participants do make a nest by pinching the left hands thumb and index finger. The right hand index finger is the worm. It may be useful to translate this game into your own language and train a while it before a competition. You may also ease up the game.

Order	Participants action
Own nest	The worm goes to the participants own nest
Other nest	The worm goes to the next nest on the left side
Another nest	The worm goes to the next nest on the right side
Cellar	The worm goes into the participants armpit
Attic	The worm point the participants head
Lift ride	The worm travels from the attic down or from the cellar up.

Cooking: Jelly roll (duration 30 minutes)

If you are looking for an easy and sweet good a jelly roll could be the solution. Basicly it's like a birthday cake but rolled. Make a foam from eggs and sugar. Then add flavours gently into the foam. Bake just for 6 minutes in 225 °C on a baking tray. Twist the warm cake to a paper covered with sugar and rip the baking paper away. Fill it and roll it!

4 eggs
1,5 dl sugar
0,5 dl wheat flour
0,5 dl potato flour
1 tsp baking powder
1 tsp vanilla sugar
filling: whipped cream, jelly



Cooking: Pan cake (duration 40 minutes)

A pan cake is almost everywhere the same. In Finland it is made on a baking tray, baked for 25 minutes in 200 °C. It's simple to make: mix everything, let it stay for half an hour and bake. Enjoy it with jam, icecream, whipped cream or how ever. You can add into the dough some cinnamon, cardamom or vanilla flavour.

7 dl milk
2 eggs
3,5 dl wheat flavour
1 tsp salt
1 tsp baking powder
1 dl sugar
1 dl oil or 100 gr melt butter



Cooking: Tea spoon biscuits (duration 60 minutes)

These are the biscuits made officially by grandmother. Don't hesitate to use butter, sugar and marmelade. They are baked for 10 minutes in 175 °C. The butter is melt and cooked in a pot for 5 minutes. When the melt butter cools down add sugar in it. Last mix flours etc into it. Form the biscuit halves by a tea spoon and bake them. When they are cooled down, add the marmelade and sugar.

200 gr butter
1,5 dl sugar
4 dl wheat flour
1 tsp baking powder
1 tsp spoon vaniline sugar
filling: raspberry marmelade
on top sugar



Scout spirit: Circle of fellowship (duration 3 minutes)

Most of the scout groups end the weekly meetings, camp fires and camps by making the circle, singing and messaging. Make the circle, close your eyes. Give first your right hand to your friend on your left side and then the left hand to the friend on your right side. So you cross your arms and the left one is on the top. Close your eyes, pick up and appropriate song and let a message do through all the circle. Message may be a gentle handshake for the next friend in the circle.

Scout spirit: Fish bone (duration 5 minutes)

These is a good end for a meeting. Make a circle where everyone lays on the floor and uses the next ones belly as pillow. Then you may ask the kids close their eyes and read them a fairy tale.

Internationality: Postcard (duration 5 minutes)

Send us a postcard after baking and playing. By writing you scout or jungschar groups address you surely get post card greeting from a Finnish scout group! We are waiting for the next summer ESG Jamboree.

Our address is: Tampereen Lokit, YWCA of Tampere, Hämeenpuisto 14F, 33210 Tampere, Finland

Useful links

You find pictures from Google searching with these Finnish words: *kääretorttu*, *lusikkaleivät*, *pannukakku* and *sisaruspiiri*.

Our scout groups web site is www.tampereenlokit.fi and about Finnish scouting you can learn from www.partio.fi.

If you want some advices or give feedback related to this ESG day program, don't hesitate to mail [saan\(at\)iki.fi](mailto:saan(at)iki.fi) (Saana Pöyhönen, Finland).

GREETINGS FROM FINLAND!