

ESY SPORT SEMINAR AND LEADER TRAINING 2010

Welcome to YMCA Sport Seminar and Leader Training 2010

Are you a trainer or a leader in a YMCA Sports Club, and between 18 and 30 years old?

You are hereby invited to meet some of your colleagues from all over Europe in Litomysl (Czech Republic).



The focus of the seminar is to **share experiences** about being a leader and a trainer for sports in YMCA, to **get new thoughts** and ideas about YMCA-leadership and the YMCA-values.

Through shared sporting activities, teambuilding-sessions, and devotions you will be able to **build strong relations** to other YMCA-leaders and trainers. After the seminar, you will have an international network that you and your local YMCA can benefit from later.

Most importantly: You'll have received **new inspiration** for your local work in "The largest sports club in the world"!

Who can participate?

YMCA offers a lot of different sport activities in all of Europe.

In the seminar all kind of YMCA sports-leaders from 18 to 30 are invited. Basic English language skills are necessary.

That means, you might be a basketball-trainer for children in YMCA in your hometown, a board member of a national YMCA Sports committee, a trainer for a serious senior handball team, or a leader in a sports club with lower ambitions. You might be a training instructor in a YMCA-gym, or merely interested in the spirituality and values in YMCA Sports.

In other words; if you are interested and dedicated to sport in YMCA, we would love to see you in Litomysl!



September 23 – 26, 2010

Litomysl/Czech Republic



Programme

New sport ideas & concepts

Sport sessions

Devotions and Service

Teambuilding

Values of sport in the YMCA

Leader training

National presentations

ESY elections and decisions

Networking

„Litomysl by night“

Thursday and Sunday will be travel-days.



About Litomysl

Litomysl is a small city in the Czech Republic, 200 km southeast of Prague. As the city is situated in the middle of Europe, there are good connections by train in all directions,

YMCA Europe has built its own Training Centre in Litomysl, established in an old former brewery. It is situated in historical surroundings; close to the UNESCO listed Litomysl Castle.



How to join?

Please send your application by e-mail to your national office/sport department.

Your application should contain:

Name

Address

E-mail

Date of birth

Gender

Experience with YMCA Sports

Important Information

Dates:

Arrival: Sept. 23, 2010 until 21.00 h

Departure: Sept. 26, 2010 in the morning

Venue:

EAY Training Centre, Zámecký pivovar

570 20 Litomysl, Czech Republic

Phone, fax: +420 461 611 051

Costs:

130 Euro

including accommodation (4-bed rooms),
all meals and programme.

> Reduction for Eastern Europe is possible!

Applications:

Deadline is: **August 15th 2010**

Questions? Applications?

Contact:

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All participants will get an information letter with detailed travel instructions.

**ESY is a programme group of
YMCA Europe.**

